



SANKALP

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Quarterly Newsletter

By Chhattisgarh Agricon Samiti (CAS)



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#BHUIYAN “मोर चिह्णारी”



Volunteers Registration till 31st March 2025



Highlights of the Quarter

- ▶ Bhuiyan- Jimmewari aur Jatan -Dialogue and Celebration on Restoring Landscapes, Reclaiming Futures was organised on 8th of march
- ▶ A Participatory Action Lab- "Kavir Lab" was successfully Inaugrated
- ▶ Malaria awareness activities reached 4,164 people across the five districts.
- ▶ Safe drinking water awareness sessions were conducted for 1,989 individuals.
- ▶ 2,888 individuals were sensitized on the importance of regular handwashing.
- ▶ Institutional delivery awareness reached 5,804 people, promoting safe childbirth practices.
- ▶ A total of 6,671 individuals were made aware about anemia and its prevention.
- ▶ 5,627 individuals received information and support related to domestic violence.
- ▶ 20 Volunteer Clubs were formed to ensure youth participation in community action.
- ▶ Menstrual hygiene awareness sessions engaged 5,259 adolescent girls and women.
- ▶ 7,217 people were informed about maintaining a designated study space at home.
- ▶ 463 Mohalla classes were conducted to support children's learning.
- ▶ Child rights and protection awareness was delivered to 2,224 individuals.
- ▶ 7,217 people were informed about maintaining a designated study space at home.

Common Things:

Strengthening Minds Before Boards



Across five districts, the “Hum Hongo Kamyab” campaign reached 28,755 high school and higher secondary school students, becoming a powerful support system as they prepared for their board examinations. Through targeted workshops and awareness sessions, the campaign focused on strengthening students both academically and emotionally.

Motivational sessions guide students in developing study timetables, prioritizing subjects, and adopting techniques like regular revision, yoga, meditation, and mindful breaks to reduce stress. In various blocks, Bijaduteer volunteers conducted engaging workshops that emphasized time management, fear-free preparation, and building self-confidence.

A special online session was also organized on 14 February 2025 in Kondagaon, where District Panchayat CEO Avinash Bhoi, District Education Officer Bharti Pradhan, and other dignitaries addressed students. This session witnessed 8,060 participants, further extending the campaign's reach and impact.

Students were also made aware of the IVR Mental Health Helpline Number, which supported those facing exam-related stress and anxiety. These combined efforts not only eased students' worries but also helped foster a positive mindset and life-long skills like self-discipline, emotional resilience, and confidence.

Village Clubs: A Growing Movement of Youth Leadership and Community Action

In an inspiring wave of youth-driven change, a total of 257 Village-Level Clubs (VLCs) have been formed across five districts this quarter. These clubs have become vibrant spaces where rural youth are stepping into roles of leadership, creativity, and social responsibility. Through activities like self-reflection, power walk, and idea-sharing, youth are exploring their identities, honing problem-solving skills, and innovating for social impact. These clubs are not just initiatives—they are becoming a movement of transformation, enabling young people to envision change and act on it. With each meeting and activity, these clubs are cultivating confidence, compassion, and commitment, proving that when empowered, rural youth can become the architects of a brighter, more inclusive future.

World Water Day Celebrated with focus on Cleanliness and Conservation



On World Water Day, meaningful awareness activities were organized across five districts with active participation from students, volunteers, farmers, and community leaders. The program titled "Water and Life Conservation: Cleanliness Awareness" was conducted jointly by Yuvoday, UNICEF, NSS, and the B.Ed. Department of C.V. Raman University, under the guidance of Dr. Ritesh Mishra. District Coordinator of Bilaspur district, Anyrose Tadar and Block Coordinator Gopal Ratre, led the awareness sessions, focusing on the importance of clean water and sustainable sanitation behaviors.

In Kawardha, the Kavir Kisan group brought together farmers from Jarati, Dojari, Naudih, Dashrangpur, and Khairipar villages to discuss rainwater harvesting, micro-irrigation, and groundwater

recharge. Farmers shared traditional methods and pledged to adopt eco-friendly practices.

Across the districts, students engaged in discussions, gave speeches, and took part in cleanliness drives, while participants in all locations took a collective pledge to integrate water conservation and cleanliness into their daily lives.

These district-level initiatives reflect a strong commitment to environmental stewardship and community-led change, reinforcing the message that "Water is Life" and must be preserved with shared responsibility.

Purple Jallos 2025: Celebrating Inclusion with Yuvoday's Transformative Impact

The Purple Jallos Divyang Festival 2025, organized by the Divyang Bhawan Foundation, Pune, was a three-day celebration (January 17-19, 2025) dedicated to promoting inclusivity and empowerment for people with disabilities (PwDs). The event featured cutting-edge assistive technology, cultural performances, an inclusive fashion show, and startup innovations aimed at enhancing the independence of PwDs.

A significant feature of the event was the "Yuvoday" initiative by CAS, whose two Yuvoday volunteers and three BCs were invited to the event by UNICEF's Maharashtra Chief to showcase their pioneering work in community mental health and disability welfare in Chhattisgarh. They engaged the audience through an interactive stall, displaying IEC materials, and organizing community-driven activities like the Snakes and Ladders mental health game. The stall received appreciation from notable figures, including Bollywood actress Arunita Jha, Deputy Chief Minister Ajit Pawar, and Prathmesh Sinha from **Shark Tank India**, who acknowledged Yuvoday's transformative impact.



Raipur

Breaking Barriers: Gender Transformation Training Sparks Dialogue for Change



The Gender Transformation Training, held on 9th and 10th January 2025, at Hotel IVY, Raipur, was more than just a workshop—it was a space for reflection, dialogue, and empowerment. Organized by Chhattisgarh Agricon Samiti, the event aimed to challenge deep-rooted gender norms and promote a more inclusive society.

The sessions focused on gender roles, power dynamics, gender-based violence (GBV), unconscious biases, and the impact of social conditioning. The lead facilitator, Mr. Manas Banerjee, used a mix of presentations, group discussions, case studies, and interactive exercises to encourage critical thinking and self-awareness.

One of the most powerful activities was the Power Walk, which illustrated how privilege and systemic inequality affect individuals differently. Another impactful exercise, Cross the Line, made participants confront their own experiences of discrimination and societal expectations. These activities led to deep reflections on how gender norms shape opportunities, responsibilities, and personal freedom.

The sessions on positive masculinity, bodily autonomy, and gender-sensitive leadership were particularly eye-opening. Participants shared personal stories, many acknowledging how their perspectives on gender had evolved through the training. One participant quoted, "I never realized how certain behaviors, which seemed normal, actually reinforced inequality. This training helped me see the need for change, starting with myself."

The training was not just about understanding gender dynamics but also about taking action. By the end of the two-day session, attendees committed to spreading gender awareness in their communities through local discussions, school programs, and women's self-help groups (SHGs). Plans were also made to conduct follow-up sessions to ensure the learnings translate into real impact at the grassroots level.

This training marked the beginning of a crucial journey—one where gender equality is not just an ideal but an active effort in homes, workplaces, and communities. The momentum from this workshop will continue to drive conversations, policy changes, and grassroots initiatives toward a more just and equitable society.



Stress & Anger Management Session at IGKV Workshop

During the one-day workshop "**Career Elevate: Pathway to Success**" held on March 27, 2025, at IGKV, Raipur, the Secretary of CAS led a powerful session on anger management for final-year UG, PG, and PhD students.

The session addressed a critical but often overlooked aspect of student life—emotional regulation. The speaker emphasized that unmanaged anger could harm relationships, cloud judgment, and derail professional growth. Through real-life examples and practical strategies, students learned how to recognize early signs of anger, respond calmly, and redirect that energy into purposeful action.

This session proved especially important as students prepare to transition from academic life to competitive professional environments. It helped them understand that success isn't just about knowledge and skills, but also about managing emotions under pressure.

Students found the session eye-opening, engaging, and deeply relevant. It encouraged self-reflection and equipped them with tools to stay composed, make better decisions, and grow as emotionally intelligent professionals.

Building Future Leaders: CAS Youth Shine at Eklavya's Training Workshop

From February 5–7, 2025, young changemakers from across India gathered in Bhopal for a transformative workshop organized by Eklavya Foundation. Representing CAS, Dhan Sai Poyam, Santu Mandavi, and BC Latkar Yohan actively participated, strengthening their leadership skills and advocacy efforts for children's rights.

The workshop introduced innovative tools like the STEP Tool (See, Think, Engage, Plan) and the WWWWH Framework (Who, What, When, Where, How) to equip participants with effective problem-solving strategies. CAS's stall—featuring engaging activities like Snake & Ladder on Child Rights and Red Ant Pickle—was widely appreciated by facilitators and peers alike.

Dhan Sai and Santu Mandavi were honored with 'Best Performance' certificates for their impactful contributions throughout the workshop.

Post-training, out of 10 state-level organizations, only 3 organizations were selected for a mentorship program, Agricon was one of them. This recognition marked a significant milestone in CAS's efforts to nurture youth leadership and drive community-based child protection.



Strengthening Child Protection through SBC Training



CAS and other organizations working with UNICEF actively participated in the Social and Behavior Change for Child Protection (SBC4CP) Training held on 26–27 February at Hotel Gagan Regency, Raipur. Organized by New Concept Centre for Development Communication (NCCDC), Alliance for Behaviour Change, and UNICEF, the training equipped frontline workers with essential knowledge and practical tools to foster positive behavioral change within communities.

Facilitated by trainers Sanjay Sharma and Prabha Sharma, the training placed a strong focus on child rights, protection mechanisms, and communication strategies, empowering participants to address child protection issues with deeper sensitivity and effectiveness.

Through interactive sessions, case studies, and action planning exercises, participants honed their advocacy and intervention skills. CAS representatives gained critical insights into mobilizing communities, identifying protection risks, and promoting safe environments for children.

This collaborative learning platform reinforced CAS's commitment to safeguarding vulnerable children and promoting a culture of protection through community-led efforts. The knowledge gained will be integrated into ongoing field programs to enhance outreach and long-term impact. The training marked a key milestone in strengthening grassroots engagement and building a more responsive child protection ecosystem across operational areas.

E-Awareness Session on Cancer and Mental Health

On **World Cancer Day**, a special e-awareness session was organized by CG Agricon, CVRU Education Department, Alliance for Behaviour Change, and UNICEF, focusing on the mental health of cancer-affected individuals and caregivers. Over 100 Yuvodaya volunteers participated actively, fostering awareness and empathy.

Sudeshna Ruhhaan, founder of Niramayah Cancer Foundation, delivered the keynote, highlighting emotional challenges and stress management in caregiving. Facilitated by Dr. Ritesh Mishra and CAS DC Anyrose, the session covered the link between mental health and cancer, coping strategies, and promoting emotional resilience.

Volunteers contributed through reflections and questions, making the session interactive and insightful. The initiative aimed to build deeper understanding and encourage youth-led emotional support systems in communities.

E-Awareness program on
CANCER AND MENTAL HEALTH

Understanding the complex connection
 4th February 2025
 04:00 - 05:00 PM
ONLINE



CHIEF PATRON
Dr. R.P Dubey
 Vice Chancellor,
 CVRU




KEYNOTE SPEAKER
Sudeshna Ruhan
 Founder, Nirmayah Cancer
 Foundation

Dr. Ritesh Mishra,
 Head and Associate Prof.,
 Department of Education

Moderators :

Ms. Anyrose Todar,
 District Coordinator,
 CG Agricon

Two-Day Mental Health Training by CAS to ESAF Foundation



In a focused effort to strengthen mental health awareness and foster inclusive community engagement, Program Coordinators Danish K. Hussain and Yogesh Purohit from CAS led a powerful two-day training for 12 team members of ESAF Foundation. The sessions were designed to deepen participants' understanding of mental health and equip them with culturally grounded, practical tools for field application.

The training emphasized that mental health is not just a clinical concern but a critical component of holistic community development. The PCs provided clarity on core concepts—such as identifying early signs of distress, understanding the nine traits of a mentally healthy individual, and addressing stigma through empathy and informed action. Special focus was placed on the mental health needs of pregnant women, adolescents, and young children—groups often overlooked in rural outreach.

By the end of the workshop, ESAF staff walked away not just with knowledge, but with a renewed sense of purpose—to build mentally inclusive communities where every individual is seen, heard, and supported.



Kabirdham

Empowering Girls: Mental Health and Self-Defence Awareness



“Can I stand up for myself? Can I protect my rights?” These were the questions that turned into affirmations as young girls at Kasturba Vidyalaya, Lohara, took charge of their safety and well-being on January 27, National Girl Child Day. The school became a space of learning, courage, and empowerment as Kavir volunteers conducted a special session on mental health, self-defence, and personal safety.

The session helped the girls understand “Good Touch” and “Bad Touch”,

recognize unsafe situations, and speak up for their rights. They also learned basic self-defence techniques, gaining confidence to handle challenges. Discussions on stress management and emotional resilience encouraged open conversations about mental health.

Through interactive role-plays and hands-on training, the girls realized their strength and agency. Inspired by the session, many expressed their desire for regular workshops, ensuring that awareness and empowerment become a lifelong journey.



Kavir Volunteer Training in Daldali Cluster, Bodla

A training session was conducted for 22 Kavir Volunteers in the Daldali Cluster of Bodla Block, focusing on their role in social service and community transformation. Led by District Coordinator Deepak Bagri, with active facilitation by volunteers Kavita Lanjhi and Nitesh Chandel, the session covered key thematic areas—nutrition, child protection, health, mental well-being, women empowerment, sanitation, and environmental conservation.



Emphasis was laid on achieving impact through small community-led changes. Interactive activities like yoga, Bajra Geet singing, and a friendly cricket match promoted mental wellness, teamwork, and collective spirit. The training infused renewed energy and commitment among volunteers to drive change from within.

Kavir Sakhi Network Strengthens Roots of Health and Land Stewardship



A series of impactful Kavir Sakhi meetings were organized in Pandariya and Kawardha blocks, focusing on vital issues like women's health, nutrition, and sustainable community land management. Around 45 active Kavir Sakhi members, dedicated to nurturing community plantations and kitchen gardens, participated in the sessions.

Key discussions centered around improving women's nutrition, promoting kitchen gardens, and ensuring the upkeep of community land plantations. In a significant move towards grassroots leadership, three Kavir Sakhi leaders were selected from each village to lead planning and implementation of upcoming activities.

A highlight of the meeting was the update from Jarti village, where vegetables grown on community land are nearing harvest – a promising outcome of collective efforts. Additionally, 116 Kavir Sakhi members were officially registered, marking a milestone in strengthening the community network for land and health stewardship.



“Bhuiyan: Jimmewari aur Jatan” – Dialogue and Celebration ,



On March 8, 2025, a special event was organized by Chhattisgarh Agricon Samiti at Shyam Palace in Kawardha, witnessed a vibrant confluence of over 400 farmers, women leaders, researchers, and youth during the event “Bhuiyan – Jimmewari aur Jatan.” The gathering was a powerful celebration of community-led, gender-inclusive landscape restoration, placing a strong emphasis on ecology, livelihoods, and traditional wisdom, all while empowering women to take the lead in sustainable development.

A major highlight of the event was the inauguration of the Kavir Lab – a state-of-the-art facility designed to support sustainable agriculture through biofertilizer production training, soil testing, and behavioral research. Experts underscored the lab's potential to transform farming practices by reducing dependence on chemical fertilizers and equipping farmers with scientific tools and knowledge. This initiative marked a significant step toward strengthening regenerative agriculture in the region.



The day was enriched by a series of panel discussions featuring renowned experts including Dr. Ravi R. Saxena (VC, MGUVV), Shashi Kumar (DFO, Kawardha), Abhishek Singh (UNICEF), and Vishnu Vaibhav Dwivedi (CTO, IIT Bhilai), among others. These conversations explored themes such as sustainable farming, water and forest conservation, and the critical role of communities in climate resilience. Alongside these expert voices, change-makers like Kunti Bai, Sunita Chandravanshi, Vijay Merawi, and Ballu Singh Baiga shared powerful grassroots stories of transformation, showcasing the real impact of collective action and the 4 Returns-based approach.



Cultural expression formed an integral part of the event. The Palak Baiga Nritya Group captivated the audience with a traditional Baiga performance, celebrating the indigenous community's deep connection with nature. Young girls from Kasturba Adivasi Vidyalaya presented a stirring program on women's empowerment, sending a strong message about the next generation of changemakers.





Interactive stalls brought knowledge-sharing to life. From innovative farming techniques at the Kavir Kisan Stall to insights into soil microbes, mental well-being, and sustainable financing through the "Carbon Coin" model, participants actively engaged with displays that combined science, culture, and community wisdom. The "4 Returns – PRERAK" photo exhibition offered a compelling visual journey into land restoration through the eyes of the community, while winners of the photo contest were honored for their creative contributions.

The event concluded with reflective closing remarks by Dr. Ravi R. Saxena, who emphasized the importance of collaboration, innovation, and honoring traditional knowledge in building

resilient landscapes. Rajnish Awasthi delivered the vote of thanks, acknowledging the contributions of every participant, speaker, and volunteer who made the event a success.

The outcomes of the event were both tangible and inspirational. From the launch of the Kavir Lab to the recognition of grassroots leaders, "Bhuiyan – Jimmewari aur Jatan" successfully deepened awareness around regenerative agriculture and women's leadership. It fostered stronger collaboration among NGOs, government departments, and communities, paving the way for long-term ecological impact.

Participants praised the event's hands-on approach and engaging format. Going forward, suggestions included incorporating more live demonstrations, expanding outreach, and building mentorship programs between experts and local changemakers. The event was a testament to the power of collective responsibility, where care for the land and community go hand in hand – a true celebration of *jimmewari* (responsibility) and *jatan* (nurturing).



Kondagaon

Empowering Youth as First Responders: First-Aid Training in Kondagaon



On 15th January, a First-Aid Training Session was organized by the Red Cross Society in collaboration with the Health Department at the CMHO office conference hall in Kondagaon district. The training was facilitated under the guidance of Dr. Bhavna Mehalwar (District Program Manager) and led by Dr. Pawan Gautam, who trained 31 Yuvodaya Kondanar Champs from various development blocks.

The session aimed to equip youth volunteers with essential life-saving skills, especially for emergencies in remote areas where immediate medical help is often unavailable. Volunteers were trained in CPR, burn care, drowning rescue, road accident response, and other critical scenarios, with a focus on practical, easy-to-apply techniques.

The session was highly interactive, with real-life queries discussed and demonstrated. Dr. Gautam emphasized locally adaptable first-aid responses that can make a crucial difference during life-threatening moments.

This initiative has not only enhanced the emergency preparedness of Yuvodaya youth volunteers but has also strengthened the foundation of community-based first response in Kondagaon. These trained volunteers now stand ready to serve as the first line of support in their communities—confident, capable, and committed to saving lives.

Towards Mental Well-Being: Community Engagement through Para-Level Campaign in Kondagaon

In Kondagaon district, **Yuvodaya volunteers** are leading an inspiring initiative called the "Para-Level Campaign", aimed at promoting open conversations around mental health within rural communities. Through this campaign, village sarpanches, panchayat members, local influencers, elders, women, men, and children are actively participating in discussions and awareness sessions. Yuvodaya volunteers are using creative methods—such as interactive games and group activities—to simplify and convey the importance of mental health in daily life.



A core focus of the campaign is to help people understand the critical difference between mental well-being, mental distress, and mental illness. By breaking stigma and encouraging empathy, the campaign is fostering a supportive environment where mental health is no longer a taboo topic.

One of the most impactful components of this initiative is the identification of individuals within the community who may be experiencing mental health-related challenges. Yuvodaya volunteers are proactively referring such individuals to the health department for timely counseling and treatment, ensuring they receive the care they need. This referral system is helping bridge the gap between vulnerable community members and available mental health services.

Overall, this campaign is not just creating awareness but also empowering the community to take collective responsibility for mental well-being. It marks a significant step toward building a healthier, more compassionate, and mentally resilient society at the grassroots level.

Empowering Minds, Preventing Harm: Strengthening Mental Health Awareness through CMPO Training

In kondagaon district A district-level training and workshop on 20th March 2025, was organized for Child Marriage Prohibition Officers (CMPOs), focusing on the prevention of child marriage and its long-term harmful consequences. A major highlight of the event was an in-depth session conducted by the District Mental Health Counselor, who shed light on the psychological trauma associated with child marriage. The session explained how early marriage often leads to mental health issues such as anxiety, depression, emotional instability, and low self-esteem—particularly among adolescent girls who are thrust into adult responsibilities at a tender age.

The participants were trained to recognize early signs of emotional distress and understand the need for timely psychological support. The workshop featured engaging group activities and interactive games to introduce simple yet effective stress and anger management techniques, including mindfulness exercises, guided breathing, and role-plays focused on emotional regulation.

Beyond symptom recognition, the workshop emphasized the importance of building resilience in adolescents, creating safe and non-judgmental spaces for them, and strengthening community support systems. The role of families, schools, frontline workers, and peer groups in supporting the mental well-being of adolescents was thoroughly discussed. Participants also learned about integrating mental health promotion into their routine outreach and interventions.

A total of 133 officers actively participated in the training, enthusiastically engaging in each session and contributing personal field experiences. At the end of the workshop, all participants expressed their commitment to working not only toward the prevention of child marriage but also toward safeguarding the mental health and emotional development of children and adolescents in their communities. This training served as a strong step toward building a more sensitive, informed, and mentally resilient society.



A New Chapter in Wellness: Livelihood College Takes Initiative"



A meaningful discussion on mental health was recently organized at Livelihood College, Kondagaon, with the aim of raising awareness among students and staff about the importance of emotional and psychological well-being. The session was led by Yuvodaya Kondanar Champs, who engaged the audience in an open conversation about common mental health issues, their impact, and practical solutions. Through relatable examples and interactive dialogue, students were encouraged to recognize emotional stress, anxiety, and mental fatigue as normal human experiences—and more importantly, to seek help and support when needed. A unique aspect of this event was the opportunity for students to register as mental health volunteers. Those who were interested in contributing to the field of mental wellness stepped forward enthusiastically to sign up. These volunteers will play a key role in supporting their peers, promoting mental health awareness, and building a more empathetic and supportive environment within their communities.

This initiative not only introduced a fresh perspective on mental health but also empowered youth to become agents of change. What started as a simple discussion at Livelihood College is now paving the way for a more aware, sensitive, and emotionally resilient generation.

Recognition of Yuvodaya Volunteers During PM Award Spot Study in Kondagaon



On 25th & 26th March 2025, In Kondagaon district, **Yuvodaya volunteers** have been instrumental in taking government schemes and social initiatives to the grassroots level. Their unwavering efforts to ensure last-mile delivery of essential services were acknowledged during the PM Award spot study, when a team from Delhi visited the district to assess its nomination for the Prime Minister's Award.

During the interaction, the volunteers shared their on-ground experiences and highlighted their work in critical areas such as mental health awareness, substance abuse prevention, promotion of education, preservation of cultural traditions like Maya Madahi, and connecting communities with various welfare schemes. The visiting team appreciated the volunteers' impactful contributions and dedication to social change.

On this occasion, the Honorable District Collector praised the efforts of the Yuvodaya volunteers and directed concerned departments to support the formation of volunteer groups in every village. The volunteers were congratulated for their active role in driving meaningful, grassroots-level change, reinforcing their identity as powerful change-makers in the region.



Bijapur

Spreading Awareness at the Heart of the Fair



In Bhairamgarh block, International Youth Day was celebrated with great enthusiasm, led by Bijaduteer volunteers who organized a range of engaging sports and cultural activities to inspire local youth. Events such as volleyball, kabaddi, musical chairs, and a drawing competition saw energetic participation from young community members.

These activities served as a platform to promote teamwork, discipline, and the importance of mental and physical well-being. Through the drawing competition, youth expressed their creativity on pressing social issues, fostering positive thinking and artistic expression.

The celebration aimed to ignite leadership qualities among rural youth while raising awareness on critical themes like education, health, substance abuse prevention, and social development. With the support of dedicated Bijaduteer volunteers, the event was successfully conducted, leaving participants more confident, inspired, and motivated toward community service.

This vibrant gathering not only highlighted the potential of rural youth but also demonstrated the impact of collective action in shaping a healthier, more empowered future generation.

Celebrating Youth Power Through Sports and Creativity

At the first district-level fair in Jaitaloor, Bijapur held on January 07, Bijaduteer volunteers played a pivotal role in raising awareness on mental health, child marriage prevention, and road safety. The event became a powerful platform to engage the public and spark important conversations around these pressing social issues.

Using the engaging and relatable “Snake & Ladder” activity, volunteers illustrated the ups and downs of mental health, making complex topics accessible and interactive for participants of all ages. To further support the community, IVR helpline numbers and informative pamphlets were distributed,



offering practical resources and guidance.



Beyond awareness, the Bijaduteer team encouraged local youth to join the movement as volunteers, fostering a culture of social service and leadership. The fair became not only a celebration but a space for community-driven change, amplifying the efforts of young changemakers from the heart of Bijapur.

UNICEF Strengthens Community Child Protection Initiatives



UNICEF Child Protection Consultant Snehil Rathore conducted a two-day field visit on January 10-11, 2024, in Bijapur and Bhairamgarh blocks to strengthen grassroots efforts in child protection, maternal health, and mental well-being.

In Bijapur's Kotapal village, she held sessions with pregnant women on mental wellness and maternal health, including yoga and mindfulness activities. At the local school, interactive activities under Panthak 2's SEL theme "Positive Thinking" engaged students and teachers in discussions on emotional development and protection strategies.



She also facilitated a strategic planning session with Bijaduteer coordinators to refine the child protection framework.

On January 11 in Bhairamgarh, Snehil observed door-to-door outreach where Bijaduteer volunteers sensitized pregnant women on nutrition, self-care, and stress management. A Panchayat-level meeting discussed the role of community committees in child protection.



The visit concluded with a review and planning session for Bijaduteer Clubs, focusing on forming village-level groups and upcoming interventions. The visit reinforced the critical role of community volunteers in building a supportive, health-oriented ecosystem for children and families.



Honoring Dedication Towards Child and Community Wellbeing

On Republic Day, 15 Bijaduteer volunteers from the blocks of Bijapur, Bhopalpatnam, and Bhairamgarh were felicitated for their outstanding contributions in the fields of mental health, education, nutrition, child development, and child protection.

The ceremony was graced by the presence of Hon'ble Dantewada MLA Shri Chaitram Atami and Collector Shri Sambit Mishra, who presented certificates of appreciation to the volunteers.

This recognition highlights the unwavering commitment of Bijaduteer volunteers in promoting child rights and community wellbeing at the grassroots level and serves as a powerful encouragement for continued service and impact.



Nurturing Healthier Childhoods



Child Reference Camps were organized across the gram panchayats of Kodoli, Koshalnar, and Jangla in Bhairamgarh block on 21st of march, with a dedicated focus on addressing child malnutrition. During the camps, free medicines were distributed to malnourished children, and Bijaduteer volunteers actively supported the initiative.

Their involvement ensured that children and their families received essential information on nutrition, health, and proper caregiving practices. The primary aim of the camps was to improve physical development in children and reduce malnutrition at the grassroots level. This initiative marked a significant step toward building a healthier childhood and a brighter future for the community.

Recognizing Grassroots Leadership in Child Protection and Emotional Wellbeing

On February 19, UNICEF Child Protection Specialist Chetna Desai visited Bijapur district to observe and engage with the work of Bijaduteer volunteers. Her visit spotlighted the dynamic role of youth-led community efforts in promoting child protection and emotional wellbeing at the grassroots level.

Chetna Desai observed the operations of a community-run shop managed by Bijaduteer Club volunteers and held a dedicated review meeting to understand their ongoing initiatives and challenges. She also visited a SEL Panthak-based school, where she interacted with both teachers and children. The team witnessed firsthand how social-emotional learning (SEL) activities were being integrated into everyday classroom practices, with teachers and students actively sharing their feedback and experiences.

A special meeting was convened with the District Collector, Mr. Sambit Mishra, where Bijaduteer volunteers, District Coordinator Ashok Pandey, and Chetna Desai presented a detailed account of Bijaduteer's annual progress and impact. The Collector acknowledged the valuable contributions of the volunteers, extended his appreciation, and assured continued support.

He emphasized the urgent need for a mental health awareness campaign across the district and agreed to facilitate an exposure visit for Bijaduteer volunteers to further enrich their learning and motivation.

This visit reinforced the strength of community-based youth leadership and the transformative role of Bijaduteer in nurturing safe, supportive, and emotionally resilient environments for children and adolescents.



United for Adolescent Wellbeing: A Regional Workshop on Mental Health



On March 12, a regional-level workshop on adolescent mental health was held in Jagdalpur, focusing on the emotional and psychological wellbeing of children, especially those residing in institutional settings like ashrams and hostels. Recognizing the growing mental health concerns across the Bastar division, the workshop aimed to strengthen systems of care and protection for adolescents through inter-departmental coordination.

The event brought together representatives from the Health, Education, Police, Women and Child Development departments, along with civil society organizations and UNICEF, to deliberate on key challenges and propose integrated solutions. Emphasis was placed on the need for a collective approach to improve mental health support structures for vulnerable children living in remote and high-risk settings.

From Bijapur district, Ms. Harshita Panda (Block Coordinator) and Mr. Ashok Pandey (District Coordinator) actively participated in the discussions, contributing field-level insights and advocating for strengthened mental health interventions.

The workshop concluded with the development of a joint action plan aimed at improving outreach, building adolescent resilience, and ensuring safe and nurturing environments across the region.



Bilaspur

Mental Health and Free Health Camp Awareness Campaign in the Community

On 17th Jan 2025, With the support of the Sarpanch, we successfully organized a health camp at the newly constructed Panchayat Bhawan in Lakhasar, Bilaspur, with a special focus on spreading mental health awareness. This initiative had a positive impact on the community.

Special sessions were conducted on women's health, children's education, and mental well-being, with active participation from over 800 community members. The guidance and support of the Sarpanch played a crucial role in making this initiative a success.

Together, we are building a healthier and more aware community!



Discussion on Mental Health in Akashvani Raipur's 'Man Ke Mitaan' Program

On 13th Feb 2025, A special discussion on mental health and the **Yuvodaya** initiative was organized under the 'Yuvavani – Man Ke Mitaan' program on Akashvani Raipur. The session focused on the efforts being made to raise awareness about mental health within communities.

The program featured an in-depth conversation on various aspects of mental health, youth welfare, and community development. It highlighted the work carried out through the **Yuvodaya** initiative, mental health awareness campaigns, strategies for enhancing community awareness, and the crucial role of youth in these efforts.

Topics such as the importance of mental health, stress management, adopting a positive lifestyle, and the availability of mental health services at the community level were thoroughly discussed.

The session also delved into the mental state of young individuals, the challenges they face, and the measures that can be adopted to strengthen their mental well-being. Moreover, campaigns conducted in communities, awareness sessions held in schools and public spaces, and strategies to mentally empower youth were also presented.

Through this dialogue, a strong message was conveyed to prioritize mental health, spread awareness in society, and encourage young people to take active roles in this cause. This initiative aimed to promote positive discourse around mental health and to take concrete steps towards mental well-being in the community.



वेदप्रकाश साहू

लीनिमा साहू

एनीरोस टोडर

13 फरवरी 2025

गुरुवार संझा 5:10 ले 6 बजे तक

(यूनिसेफ के तहत मानसिक स्वास्थ्य एवं युवोदय परियोजना पर कार्यरत)

मन के मितान

एनीरोस टोडर

जिला समन्वयक - सीजी एग्रीकॉन समिति

क्रम.. युवा भारत युवा संकल्प

वेदप्रकाश साहू अउ लीनिमा साहू के बिसेस गोठबात



Nukkad Natak on Mental Health and De-addiction



On 6th March 2025, a powerful collaboration, the Health Department and Yuvoday Manobal volunteers organized a compelling street play focused on spreading awareness about mental health and substance abuse. Through this performance, they highlighted the dangers of mental stress and addiction and shared effective ways to overcome them. Yuvoday Manobal volunteers delivered the play with great energy and impact, prompting the audience to reflect deeply on these critical issues.

Health department officials appreciated the initiative and described it as an effective method to bring about meaningful social change. They emphasized that such programs help people better understand the importance

of mental health and de-addiction. The event clearly demonstrated that when various parts of society come together, we can bring about significant positive change.

This campaign reached 500 people in total—141 men and 359 women.

Volunteers Recognized for Enabling Inclusive Elections

On 5th March 2025, During the recent elections, volunteers played a crucial role in making the voting process more accessible for people with disabilities (PwDs). Their efforts were acknowledged and appreciated by the District CEO, who highlighted their contribution to building an inclusive democracy.

Volunteers assisted PwDs in reaching polling booths, navigating the voting process, and accessing essential facilities. They also collaborated with the administration to ensure accessible polling stations, contributing to a smoother and dignified voting experience for all. This initiative not only enabled many differently-abled individuals to confidently exercise their right to vote but also strengthened the commitment to inclusivity and equal participation in democratic processes—showcasing the power of youth-led civic engagement.



Participation of Yuvoday Manobal Volunteers in the “3 Days, 3 Tasks” Program



Under the “3 Days, 3 Tasks” initiative, on 26th, 27th, 28th March 2025, Yuvoday Manobal volunteers showcased their unwavering dedication through active participation in three impactful community programs.

On Day 1, a Blood Donation Drive was held in preparation for the Honorable Prime Minister's upcoming visit. Volunteers played a crucial role in motivating citizens to donate blood and ensured smooth arrangements at the event. Their efforts highlighted the spirit of service and promoted awareness about the life-saving impact of blood donation.

On Day 2, a Tree Plantation Program was organized to foster environmental consciousness. Volunteers enthusiastically planted trees, spreading the message that environmental protection is a shared responsibility. Their involvement reinforced the importance of individual contributions to creating a greener and healthier future.

On Day 3, a Special Cleanliness Drive was conducted, with volunteers taking the lead in cleaning a local pond. Collaborating with social organizations, NSS teams, and dignitaries, they promoted cleanliness and civic responsibility. This initiative not only improved the local environment but also aimed to increase awareness about literacy and hygiene.

Together, these three days demonstrated the commitment of Yuvoday Manobal volunteers toward social change, sustainability, and building a more aware, healthy, and united community.

Bastar

Understanding Ground Realities: Kanger Valley

Over the last three months, the Kanger Valley Landscape Restoration Program has made significant progress through various field surveys aimed at ecological restoration and community development. Socio-economic and youth surveys captured community needs and aspirations, while Anganwadi and teacher interactions highlighted health, nutrition, and education challenges. Haat-bazaar assessments offered insights into local economic activities. These efforts underscore the need for focused work on land and water conservation and biodiversity protection, marking an important step toward restoring the natural landscape and strengthening community resilience.



Mental Health Awareness Leads to Community Action in Bastar

In the rural areas of Bastar district, Yuvoday volunteers conducted a focused Basic Mental Health Awareness campaign across communities—engaging with pregnant and lactating women, the elderly, and people of all age groups. The campaign helped people begin to recognize early signs of mental distress, sparking a sense of empathy and support within the community.

As a result of the awareness efforts, community members have now started identifying individuals in need of mental health support and are actively reaching out through the IVR helpline for assistance.

To create deeper emotional engagement, volunteers used creative tools like slogan writing, Bajra song, Itna Ooncha Pahaad, and Uddan Chhoo Tali activity, which encouraged positive thinking and emotional well-being in daily life. These activities helped spread vital information in a relatable and uplifting manner.

This initiative not only fostered mental health awareness but also ignited a culture of community care and early intervention, marking a positive shift in how mental wellness is perceived and supported at the grassroots level.



Yuvoday Volunteers Catalyze Progress in Rural Housing and Social Development

On January 7, 2025, in the Bastar and Bastanar blocks of Bastar district, Yuvoday volunteers took center stage in driving forward the implementation of the Pradhan Mantri Awas Yojana (Gramin). Under the guidance of the District Panchayat CEO, a re-survey campaign was initiated to include families previously left out of the Awas Plus list. The volunteers conducted door-to-door surveys to ensure that all eligible beneficiaries were identified and supported in accessing housing benefits. Their involvement didn't stop at data collection—they worked closely with families to ensure proper utilization of funds, timely completion of house construction, and inclusion of basic amenities such as sanitation and electricity. These efforts significantly improved transparency, efficiency, and accountability in the program's delivery. Beyond housing, Yuvoday volunteers extended their support to key areas of social development. They reconnected school dropouts to education, promoted health initiatives like Ayushman Bharat, nutrition, and immunization, and raised awareness about sanitation, clean water, and hygiene. This initiative highlights a holistic model of development where Yuvoday volunteers are not just facilitating infrastructure growth but also driving critical behavior change, ensuring inclusive and sustainable development in rural Bastar.



Finding My Voice: My Journey from Silence to Strength



There was a time in my life when I felt completely alone—not because I had no one around me, but because I couldn't speak my heart. I was quiet, withdrawn, and afraid to express how I truly felt. I didn't talk to my friends or even my family. Everything I felt, I kept buried inside. Slowly, the silence began to weigh on me. My confidence faded, and I felt lost.

Then I joined Kavir volunteer group. It was here that everything began to change. During mental health training, I heard something simple yet powerful—"Your feelings matter. It's okay to talk." That message stayed with me. I realized I wasn't weak for feeling this way—I just needed space and support to heal.

I started opening up. First with close friends, then with my community. I began leading awareness sessions and even completed the "Hum Honge Kamyab" program in eight schools, helping children understand mental health and build confidence. Now, I'm leading the "Aao, Baat Karein" campaign in my village. I speak freely, I listen deeply, and I support those who, like me once, struggle in silence. This journey has taught me that real strength lies in sharing—and in helping others find their voice too.

Jeevan Dhurve
Kavir Volunteer

Breaking the Cycle of Academic Stress



I still remember the day I met Enos Andrick, a 16-year-old student from DAV Mukhyamantri Public School in Manjiguda. Quiet, withdrawn, and clearly burdened by anxiety—Enos was visibly struggling. His teachers mentioned he had stopped interacting with friends and looked tense all the time. Despite having supportive parents, the pressure of academics and the fear of disappointing them had pushed him into isolation.

As part of the “Hum Honge Kamyab” campaign, I facilitated a session titled “Free Yourself from Stress”. Enos was hesitant at first, but his teacher gently encouraged him to attend. During the session, we practiced deep breathing, talked about positive thinking, time management, and how meditation can help calm the mind. I could see a small spark light up in him.

What followed was remarkable. Enos created a study schedule, began meditating, opened to his parents, and slowly started reconnecting with friends. His confidence began to grow. By exam time, he was calm, composed, and focused. When the results came out—he was among the top five in his class.

Seeing Enos transform reminded me why we do this work. True success isn't just about marks; it's about resilience, hope, and believing in yourself.

Nihan Katla
Bijaduteer Volunteer

A Journey from Isolation to Inner Healing

In Tumnaar village, there lived Sandhya. For years, she wandered—disconnected from herself, her family, and the world. People dismissed her as “mad,” but I saw something else: a woman trapped by untreated mental illness and forgotten by her own community.

When I first learned about her, I felt a deep responsibility. As a Bijaduteer volunteer and Mann Mitra, I knew that awareness, empathy, and support could change her story. I began visiting her regularly—not as a social worker, but as a friend. I also went door-to-door, talking to villagers about mental health and helping them understand that what Sandhya was going through wasn't madness—it was an illness, and it was treatable.

Slowly, her family began to listen. They started joining the conversations, asking questions, and showing concern. With time, she began responding too—smiling faintly, recognizing faces, and even sharing small memories. I taught her simple daily routines, helped her re-engage with life one step at a time.

Today, she recognizes her family. She cooks, laughs, and participates in her home again. Watching her return to life has been one of the most fulfilling journeys of my own.

Sandhya reminded me—and our entire village—that healing is possible when we replace judgment with understanding, and stigma with support.

Rukmani Telam

Bijaduteer Volunteer

A New Path, A New Hope: Ramanuj Nishad's Journey to Self-Reliance through Agroforestry



In the serene village of Domsara, Pandaria block, Kavir Kisan Ramanuj Nishad is transforming agriculture with innovation and determination. Belonging to a farming family, Ramanuj faced the growing challenge of sustaining his joint family through traditional methods. Determined to improve, he adopted integrated farming rooted in agroforestry, blending guava cultivation with seasonal vegetables.

On his one-acre plot, Ramanuj planted guava saplings at 5x5 meter spacing using the square system, optimizing every inch of land. The space between the plants became a productive zone for growing okra, tomatoes, chilies, and bottle gourds.

His results speak volumes: around 70,000 from guava and 20,000–25,000 from vegetables in one season, totaling over 90,000—a significant leap from traditional earnings.

Beyond income, this model promotes soil fertility, water conservation, and biodiversity, proving that sustainability and profitability can go hand in hand.

Ramanuj's success has inspired neighboring farmers to adopt similar models, creating a ripple effect of change. His journey shows that with limited land, the right knowledge, and dedication, self-reliance is within reach.

He has not only secured his family's future but has become a beacon of hope for sustainable farming in the region.

By Omprakash Bhaskar
Field Officer, Kawardha

Saving Lives Through Service: A Volunteer's Story from Bastar



Block Coordinator Ghanshyam Diwan recounts a powerful success story from Jhartarai village, Bastar block, where a Yuvoday volunteer's timely action helped save the life of a pregnant woman and her newborn.

The woman had returned home from Chennai in poor health after working there with her husband, Manu, who had remarried and abandoned her. Despite being seven months pregnant, she received no support from him. Mitanins and Anganwadi workers had tried convincing the family for medical checkups, but without success.

One morning at 6:00 AM, the CHO called the Yuvoday volunteer, alerting them of the woman's critical condition. The volunteer made four attempts to contact her husband, educating him on women's health rights, nutrition, and legal protection. Eventually, he agreed to take her for a hospital check-up.

The volunteer, with the help of the village Sarpanch, ensured she reached the hospital. Doctors discovered she had only 2.8 grams of hemoglobin and urgently required blood. Her husband reached out to the volunteer again, and within no time, five units of blood were arranged and donated by the Yuvoday team.

The woman recovered safely and recently gave birth to a healthy baby—thanks to the compassion, urgency, and dedication of the Yuvoday volunteer.

Ghanshyam Diwan
Block Coordinator, Bastar

Numbers That Uplift: An Accountant's Mission for Change



To many, accounting is a job of ledgers and receipts—but for me, it's become a lifeline for hope and transformation. In a sector built on trust and accountability, I've made it my mission to ensure transparency and integrity in every transaction. From donor reports to internal audits, I know that accurate numbers are the foundation for lasting impact. It's not just about financial compliance—it's about building confidence with funders, communities, and every individual who believes in change.

Behind the scenes, I've automated processes, streamlined documentation, and created systems that empower our frontline workers to focus on what they do best: serve. And as I witness the ripple effect of our efforts—from thriving self-help groups to green villages—I'm reminded that even roles in the background carry the power to transform lives.

Accounting with purpose isn't just my profession—it's my calling. And I'm proud to make every rupee count for something greater.

Bhupendra Sahu
Junior Accountant

Learning, Growing, and Creating Impact



As part of a passionate team deeply rooted in rural development and sustainability, I've had the opportunity to contribute to something truly meaningful—our ongoing carbon project, which is bringing climate action to the grassroots. The project is not just about carbon credits. It's about regenerating landscapes, empowering farmers, and aligning traditional practices with modern sustainability goals. We work closely with local communities, helping them adopt climate-resilient farming, agroforestry, and soil health improvement practices that sequester carbon while improving livelihoods.

My role has allowed me to engage with farmers, understand their challenges, and co-create solutions that are both practical and impactful. I've seen firsthand how the smallest interventions—like composting, multi-cropping, Alternate Wetting and Drying (AWD) or planting native tree species—can lead to long-term environmental and economic benefits.

What inspires me most is the vision we share: to make Chhattisgarh a model for nature-based solutions that are inclusive, scalable, and future-ready. Through this journey, I've not only grown professionally but also personally realizing that true impact comes from collaboration, humility, and unwavering commitment to a better tomorrow.

As we move forward, I remain grateful to be part of this mission. The work is far from done, but every step we take—no matter how small—brings us closer to a greener, fairer world.

Gagan Chandrakar,
Data Management Officer

Translating data into dignity one insight at a time



I come from a world of research and science—where questions spark inquiry, and patterns reveal truths. Early in my career, I believed data was all about numbers, charts, and models. But working directly with communities changed that perception forever. I realized that behind every number lies a human story—an unheard voice, a silent struggle, a dream waiting to be realized

Today, my work lives at the intersection of evidence and empathy. I don't just collect data—I listen through it. I listen to what's said and, just as importantly, to what remains unsaid. I follow the quiet patterns: What does a sudden drop in agricultural income reveal about a farmer's mental resilience? What fears are hidden in the silence of a young girl at a village gathering?

Through mental health surveys, livelihood assessments, and community mappings, I have seen how mental health, economic wellbeing, and social resilience are deeply interconnected. Turning invisible challenges into visible insights enables us to craft solutions that are not only evidence-based but also profoundly human-centered

For me, real impact begins when we move beyond treating data as distant and start using it as a bridge—to see people, to understand their realities, and to stand beside them in their journeys toward dignity and hope.

Through every dataset I handle, my goal is simple yet powerful: to honor the lives behind the numbers and ensure that every insight leads us closer to a more inclusive, empathetic future.

Alisha Banchhor,

Data Management Officer

Youth & Women for the Land: The Climate Warriors in Villages



When we think of climate warriors, it's easy to picture global activists, scientists in labs, or policymakers in high-level meetings. But some of the most committed warriors I've met don't have a Twitter handle or a seat at global summits. They are young people in our villages who are planting hope, one tree at a time. They are women who, between managing households and fetching water, are leading their communities toward a more sustainable tomorrow.

And yet—too often—they remain invisible in the larger narrative.

Let's be real: women are the backbone of rural life. They till the land, manage livestock, collect water, cook, care for, and nurture. They see every change in the soil, sense every shift in rainfall, and know how far the river has shrunk.

But despite this intimate relationship with the land, their insights are often missing from climate strategies and land-use decisions. That's a huge, missed opportunity.

When women are involved in sustainability efforts, something shifts. Solutions become more practical. Decisions consider long-term well-being, not just short-term gains. Whether it's running seed banks, reviving traditional crops, or leading forest protection committees, women bring not only wisdom—but a different way of caring for the Earth. A more inclusive one. A more rooted one.

If women hold the memory of the land, youth are the energy that can reshape it. Across Chhattisgarh, we've seen young people organizing awareness drives on water conservation, mapping local biodiversity with mobile apps, or creating videos to document changing weather patterns. They bring curiosity, confidence, and a fresh willingness to try new things—be it bio-inputs, micro-irrigation, or kitchen gardens.

What they often need is a platform, a little handholding, and someone to say: "Yes, your ideas matter."

Blogs

In one of our programs, a 17-year-old boy began cycling to nearby schools, teaching kids about waste management and the environment. His dream? To make his entire block green. It may sound small, but that's how revolutions begin—in classrooms, in village meetings, on bicycles.

The climate crisis isn't waiting. And the answers won't only come from boardrooms or scientific journals. They'll come from women who know how to make a field bloom with fewer resources. From youth who ask, "Why not do it differently?"

We're not just talking about participation—we're talking about leadership. About creating space where women are not just beneficiaries but decision-makers. Where youth are not just volunteers but visionaries. It's time to recognize that sustainability isn't a technical challenge—it's a social one. And the more we center the voices of those closest to the land, the more resilient our solutions will be.

So, as we look ahead, let's not think of women and youth as "target groups" or "beneficiaries." Let's see them for who they truly are—climate warriors, knowledge holders, and changemakers in their own right.

"Because the future of our land depends on the ones who already love it".

Manisha Motwani
Project Coordinator
CAS

Strengthening Rural Roots Through Service and Awareness"



For the past 18 years, I have been working as a part of Chhattisgarh Agricon Samiti, actively engaging in various projects focused on rural development, education, and social welfare. My mission has always been to bring lasting change by empowering communities from within.

Recently, I held a meeting with a local Sarpanch to discuss the scope of volunteer services and to identify new volunteers who are passionate about community work. I believe such interactions are crucial for building a network of grassroots changemakers.

Being a farmer myself, I understand that strengthening agriculture is key to rural empowerment. I work to promote modern farming techniques while respecting traditional practices, helping farmers improve their livelihoods sustainably. Through awareness campaigns, I have also encouraged youth to participate in volunteer service—especially in the areas of agriculture, education, and community development.

I have seen how consistent efforts can uplift education levels, inspire children to dream bigger, and ignite a spirit of self-reliance in villagers. My aim is not just to serve but to inspire others to take responsibility for their community. True development begins when every individual becomes a part of the solution.

Bhola Ram Shandilya,

District Coordinator

MEDIA COVERAGE

रायपुर-बिलासपुर

बीजादूती ने मनाया अंतरराष्ट्रीय महिला दिवस

बीजादूती अंतरराष्ट्रीय महिला दिवस के तहत एक कार्यक्रम में महिला कार्यकर्ताओं का सम्मेलन।

बीजादूती स्वयंसेवकों ने जैतालूर मेले में मानसिक स्वास्थ्य एवं बाल विवाह रोकथाम पर किया जागरूक

बीजादूती 09 नवम्बर (हाइवे चौक) बीजादूती के दिवस-विदेश में किया प्रस्तावित एवं प्रथम बार आयोजित बीजादूती कार्यकर्ताओं द्वारा आयोजित कार्यक्रम में बीजादूती के अंतरराष्ट्रीय महिला दिवस के अवसर पर मानसिक स्वास्थ्य, बाल विवाह रोकथाम और सामाजिक उत्थान पर जागरूकता बढ़ाने के लिए जागरूकता कार्यक्रम का आयोजन किया गया।

इस कार्यक्रम में बीजादूती स्वयंसेवकों की पहिचान हुई। बीजादूती कार्यकर्ताओं ने मेले में जागरूकता बढ़ाने के लिए जागरूकता कार्यक्रम का आयोजन किया गया।

ट्रैक सीजी

प्रादेशिकी

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बच्चों को मिलेगी तनाव से मुक्ति हम होंगे कामयाब कार्यशाला की गई शुरुआत

बीजादूती स्वयंसेवकों द्वारा आयोजित कार्यशाला में बच्चों को तनाव से मुक्ति दिलाने के लिए जागरूकता कार्यक्रम का आयोजन किया गया।

रैली निकालकर महिलाओं को उनके अधिकारों की दी जानकारी

बीजादूती कार्यकर्ताओं ने रैली निकालकर महिलाओं को उनके अधिकारों की जानकारी दी।

प्रदेश

बिलासपुर, नवम्बर 9 नवम्बर 2025

07

बीजादूती स्वयंसेवकों ने जैतालूर मेले में मानसिक स्वास्थ्य एवं बाल विवाह रोकथाम पर किया जागरूक

बीजादूती स्वयंसेवकों ने जैतालूर मेले में मानसिक स्वास्थ्य एवं बाल विवाह रोकथाम पर किया जागरूक।

नईदुनिया न्यूज, बीजापुर : विकासखंड भैरमगढ़ के ग्राम पंचायत तालनार में अंतरराष्ट्रीय महिला दिवस पर कार्यक्रम आयोजित किया गया।

इस कार्यक्रम में महिला सशक्तीकरण पर चर्चा की गई और महिलाओं और पुरुषों को मानसिक स्वास्थ्य, तनाव प्रबंधन, और गर्भावस्था के दौरान मानसिक स्वास्थ्य के महत्व के बारे में जागरूक किया गया। महिलाओं के शिक्षा के महत्व पर भी चर्चा की गई और किशोरियों को शाला से जोड़ने पर भी विचार-विमर्श किया गया। इसके अलावा, मानसिक स्वास्थ्य पर सहायता और घरेलू हिंसा के रोकने के लिए हेल्प लाइन नंबर की जानकारी भी दी गई। यह कार्यक्रम समुदाय में उपस्थित लोगों के लिए बहुत प्रभावित रहा।

कार्यक्रम में विभिन्न खेलों का आयोजन किया गया, जैसे कि रस्सी खींच, कुर्सी दौड़ और मटका फोड़। ग्राम पंचायत के नव निर्वाचित सरपंच, उप सरपंच और आंगनवाड़ी कार्यकर्ता, सुपरवाइजर सहित गांव के मुखिया, महिला व बाल विकास परियोजना अधिकारी, बीजादूती ब्लाक समन्वयक भारत कारम व स्वयंसेवकों ने भी इस कार्यक्रम में भाग लिया।

बीजादूती वलब की गतिविधियों का निरीक्षण, कलेक्टर एवं यूनिसेफ विशेषज्ञ ने की सरहना

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अंतरराष्ट्रीय महिला दिवस पर जागरूकता कार्यक्रम का आयोजन।

CHHATTISGARH AGRICON SAMITI

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