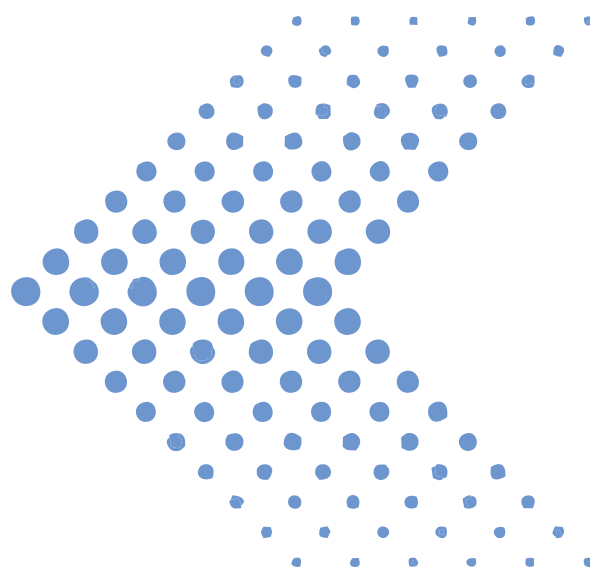




SANKALP

Volume 15 | April – June 2025

Quarterly Newsletter
By Chhattisgarh Agricon Samiti (CAS)



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Volunteers Registration till 30th June 2025



Highlights of the Quarter

A total of 354 individuals were sensitized on the causes, symptoms, and prevention of anemia.

39 people were made aware of malaria prevention

827 individuals were educated on the importance of preventing domestic violence and seeking support

A wide-reaching campaign reached 1,279 individuals, creating awareness on the harmful effects of substance abuse

830 adolescent girls and women participated in menstrual hygiene sessions promoting safe and healthy practices

123 parents and children engaged in interactive learning sessions under the 'Aaj Kya Sikha' initiative.

192 participants were informed about the importance of child-friendly learning spaces under the 'Padhai ka Kona' model.

A total of 53 mohalla classes were conducted to ensure continuous learning at the community level.

269 community members were sensitized on the importance of balanced nutrition and healthy food habits.

Common

Breaking Taboos Across Districts



On **28th May 2025**, the **Red Dot Challenge** was observed across all intervention districts, marking **Menstrual Hygiene Day** with more than just awareness—it sparked a shift in rural mindsets.

Through group discussions, interactive sessions, and creative expression activities, adolescent girls and women engaged in safe, open conversations about menstruation, a topic long silenced in homes and communities. The campaign reached hundreds of rural households, where for the first time, women and girls spoke not just about hygiene—but about **shame, isolation, fear, and resilience**.

From village courtyards to anganwadi centers to farms & fields, the challenge helped dismantle taboos and encouraged **emotional openness**. Mothers and daughters discussed periods together, women shared personal struggles, and girls discovered they were not alone in their experiences. “I never knew other women felt this way too. Now I feel lighter—just by speaking,” shared one woman. The Red Dot Challenge reminded communities that menstrual health is not only about access to pads—but access to dignity, voice, and emotional safety. The campaign planted a message in every household: ***When we talk openly, we heal collectively***

Wellness Begins Within

This quarter, **Yuvoday Volunteers** led impactful yoga initiatives that deepened community engagement with mental and physical well-being. In Bilha block, under the **Manobal** mental health initiative, a one-day yoga session for women on **International Yoga Day** evolved into a **sustainable weekly practice**. Around **25 women** now gather each morning to stretch not only their bodies—but also their emotional strength. Participants report improved sleep, reduced anxiety, and a renewed sense of control in daily life. “**Earlier, I used to panic over small things. Now, yoga helps me stay calm, and I sleep better too,**” shared a participant.



Meanwhile, in Kabirdham, **KAVIR Volunteers** celebrated the day with district and village-level events. At the district dome of P.G. College, volunteers joined a mass yoga session alongside senior dignitaries, including the **Deputy Chief Minister, Superintendent of Police, and Divisional Forest Officer**. Simultaneously, village-level demonstrations and awareness drives encouraged youth and elderly alike to adopt yoga as part of daily life.



These grassroots efforts reflect a larger movement—where community wellness is not just taught, but lived. Through small, consistent action, Yuvoday Volunteers are nurturing healthier, more mindful communities—one breath at a time.

Raipur

Gatekeepers of Hope



Mental health took center stage this quarter with a landmark **Gatekeeper Training Course on Suicide Prevention**, held from **6–8 May 2025** in Raipur by CAS and led by experts Ms. Sushmita Sumant and Ms. Isha Lohumi from the Indian Law Society, equipped 11 CAS team members to serve as certified gatekeepers — frontline responders trained to identify warning signs, assess risk, and offer timely emotional support.

Through role-plays, real-life simulations, and intensive practice, participants developed essential skills in empathetic listening, non-judgmental communication, and crisis intervention. Tools like the

Suraksha Yojana Form were introduced to streamline field-based response. Crucially, the course also addressed gatekeeper well-being, acknowledging the emotional toll of such work.

Armed with this training, CAS team members are now better positioned to connect individuals in distress to helplines like Tele Manas, Sneha, and iCall, ensuring that no cry for help goes unheard.

More than just a capacity-building event, this initiative marked a deeper shift toward grassroots mental health advocacy. It reaffirmed CAS's commitment to creating safe, supportive communities—where prevention starts with awareness, and hope begins with



Empathy in Action: Two Youth Internships, One Holistic Vision for Change



In our organization, development is not a one-size-fits-all effort—it's a multidimensional journey. This summer, two interns—Rajeshwari and Akshat—brought this vision to life through two unique but complementary projects, reflecting our commitment to inclusive and transformative grassroots work.

Nurturing Emotional Resilience through Panthak Stationed in Bilaspur, Rajeshwari focused her internship on Panthak, our early mental health initiative that promotes Social Emotional Learning (SEL) in underserved schools. Believing that emotional wellbeing begins in childhood, she chose this program to study its long-term impact. Through a two-year impact assessment involving 60 teachers and a control group across four districts, Rajeshwari found that SEL led to improved teacher-student relationships and greater emotional confidence among children. While challenges like low parental involvement and language barriers persist, her analysis revealed valuable pathways forward—including increased parental engagement and more frequent trainer support. Rajeshwari's work offers critical insight for scaling Panthak as a policy-ready model for mental health in education.



Rajeshwari Singh
Intern, Bilaspur District

Kavir Navchetna Kendra: Where Rural Dreams Take Root



In the quiet heartlands of Kabirdham, a powerful idea began to grow—not in boardrooms or big cities, but in the voices of villagers who dared to dream. Kavir Navchetna Kendra (KNK) is not just a building. It's a spark. Born from empathy, shaped by community, and driven by purpose, KNK stands as a symbol of rural resilience. Here, forgotten skills are reborn. Youth find purpose. Women find power. Villagers once silenced by lack of access now speak through enterprise, education, and unity. KNK bridges tradition and innovation—offering training, tools, and a vision for a future where opportunities don't leave the village—they grow from within. From shared water solutions to community labor systems and a joyful mascot named Kavira inspiring children, every detail of KNK whispers a promise: you matter, and your dreams belong here. This is not just development. This is rural revival with dignity.

Akshat Verma,
Intern, Kawardha District

Driving Change in the Field of Girls' Education



In June 2025, three staff members from Chhattisgarh Agricon Samiti participated in a four-day residential training workshop under the **Pragati Project**, organized by **Educate Girls** in Dhar, Madhya Pradesh. The workshop focused on deepening field-level understanding of girls' education strategies through practical, structured, and policy-aligned training.

The sessions offered a balance of theory and application—covering community engagement, learner selection, digital onboarding through the **Pragati Performance App (PPA)**, and safeguarding protocols including **POCSO, POSH,**

CPP, and YPP. Field simulations and case scenarios enabled participants to navigate real-world challenges such as village entry, consent processes, and stakeholder coordination.

A key takeaway was the use of **rubric-based tools** for objective decision-making and performance tracking—ensuring quality outreach and ethical compliance. The training also reinforced the role of data in shaping effective educational interventions.

This learning experience marks an important step in CAS's efforts to expand **inclusive education initiatives** in rural and tribal pockets. The tools, knowledge, and clarity gained during the workshop now serve as a strong foundation for delivering on-the-ground impact—ensuring that every girl not only goes to school but continues to learn in safe and supported environments.

Bijapur

Reaching Every Child: A Community-Driven Push



The “**School Wende Varrat**” (Let's Go Back to School) campaign has continued to create meaningful impact at the grassroots. The initiative aimed to re-enroll dropout and never-enrolled children across all four blocks—**Bhairamgarh, Usoor, Bhopalpatnam, and Bijapur**—through a powerful convergence of local systems and civil society action.

Over **586 villages** were covered through coordinated efforts of Anganwadi workers, school staff, Panchayat members, and **76 Yuvoday-Bijadutir volunteers**, who led the campaign in hard-to-reach habitations. These volunteers played a pivotal role in conducting **door-to-door surveys**, engaging parents, and spreading awareness through wall paintings, posters, and community meetings.

By May 2025, over **39,000 households** were surveyed, identifying nearly **3,500 out-of-school children**. Re-enrollment began in mid-June through the **Shala Pravesh Utsav**, marking a strong step toward universal education in the region. Despite logistical challenges and difficult terrain, the campaign's success lies in community ownership and cross-sector collaboration. More than just numbers, it reflects a growing belief that education is everyone's responsibility. The momentum built by local stakeholders and Bijadutir volunteers continues to open doors—one child, one family, one village at a time.

शिक्षा का अधिकार दिलाने के लिए जिला प्रशासन का अभियान: बीजादूतीर स्वयंसेवकों की महत्वपूर्ण भूमिका



आलाप न्यूज

बीजापुर । कलेक्टर श्री संजिव मिश्रा के नेतृत्व में जिला प्रशासन और शिक्षा विभाग के संयुक्त प्रयास से स्कूल बंदे वरॉट पंडुम अभियान चलाया जा रहा है। इस अभियान के तहत बीजादूतीर स्वयंसेवक जिले के विभिन्न ग्राम पंचायतों में घर-घर जाकर शाला त्यागी और नव प्रवेशी बच्चों का सर्वे कर रहे हैं।

बीजादूतीर स्वयंसेवकों की भूमिका: बीजादूतीर स्वयंसेवक इस अभियान में महत्वपूर्ण भूमिका निभा रहे हैं। वे अपने क्षेत्र में घर-घर जाकर बच्चों का सर्वे कर रहे हैं और शाला से वंचित बच्चों को शिक्षा का अधिकार दिलाने के लिए काम कर रहे हैं।

अभियान के उद्देश्य: इस अभियान का उद्देश्य शाला से वंचित बच्चों को शिक्षा का अधिकार दिलाना है। इस कार्य में शिक्षक, समूह की महिलाएं, आंगनवाड़ी कार्यकर्ता और बीजादूतीर स्वयंसेवक मिलकर काम कर रहे हैं। इस अभियान के माध्यम से हम बच्चों के भविष्य को संवारने में महत्वपूर्ण भूमिका निभा सकते हैं। आइए, हम भी इस अभियान का हिस्सा बनें और शाला से वंचित बच्चों को शिक्षा का अधिकार दिलाने में योगदान करें!



OPPO A3X 5G

Kabirdham

One Pledge, One Historic Moment

On June 20, 2025, Kabirdham witnessed more than a campaign—it witnessed a movement. **Mor Gaon, Mor Pani**, a people-driven initiative for water security, mobilized over one lakh households to construct soak pits for rainwater harvesting. What began as a technical solution to water scarcity soon turned into a unifying force for the community.

The true strength of the campaign lay in its people—and leading from the front were the **KAVIR Volunteers**. With dedication and energy, they were instrumental in constructing more than 30,000 soak pits. From measuring pits to motivating households and mobilizing youth groups, KAVIR Volunteers brought life and momentum to every village they touched.



Their efforts, along with support from other CSOs, helped Kabirdham reach a milestone recognized by the **World Golden Book of Records**. But more than recognition, the campaign sparked a mindset shift—villagers began to see water conservation as a shared responsibility and a source of pride.

This was not just about groundwater recharge; it was about strengthening bonds, instilling awareness, and proving that when a community pledges together, change is not only possible—it's powerful.

DSR Technology Ushers Sustainable Farming



Beginning in **2023** with **33 acres** under cultivation, the initiative has grown to 115 acres, in 2024 showcasing remarkable progress. By Kharif **2025**, adoption surged further, with over farmers practicing DSR across **295 acres** reflecting strong community confidence in the method. Backed with quality seeds, seed drills, and field-level handholding, this shift is cutting labor, saving water, and improving soil health—**using 25–30% less water** than traditional methods.

Band proving that sustainable farming thrives when farmers take ownership.

The success of DSR in Kabirdham is more than a best practice—it's a powerful example of what happens when innovation meets trust and timely support. It shows that sustainable farming isn't driven by policy alone, it's driven by farmers who believe in better.



A Collective Step Towards Green Villages



On **World Environment Day**, KAVIR Volunteers led a series of impactful activities that brought communities together in celebration of nature and sustainability. The day witnessed widespread participation in tree plantation drives, cleanliness campaigns, and creative awareness activities, with villagers of all ages contributing to the effort.

Environmental messages came alive through wall writings, rallies, and hands-on involvement in village-wide clean-up efforts. The collective energy and enthusiasm reflected a growing consciousness around ecological preservation and sustainable living.

Adding a creative dimension, a **Nature Art Workshop** engaged over 60 children, who used natural materials like leaves, soil, and flowers to create artwork inspired by forests, animals, and dreams—deepening their connection to the environment.

Raising Voices Against Child Labour

On **June 12**, in observance of **World Day Against Child Labour**, KAVIR Volunteers joined a state-level awareness program at the **P.G. College Auditorium, Kawardha**, held in the presence of Dr. Varnika Sharma, **Chairperson of the Chhattisgarh State Commission for Protection of Child Rights**.

The event aimed to amplify awareness about the persistent issue of child labour and mobilize communities toward ensuring every child's right to safety, education, and a life free from exploitation. The participation of KAVIR Volunteers added a strong grassroots voice to the campaign, reinforcing the fact that the fight against child labour begins with awareness and collective responsibility. By standing up for children's rights, KAVIR Volunteers continue to demonstrate how community action can help build a safer, more just future for every child.



A New Chapter in Education

On **April 1, 2025**, Chhattisgarh Agricon Samiti, in collaboration with **Educate Girls**, launched the **Pragati Project** in **Bodla block**, Kabirdham. The initiative targets the identification and re-enrollment of **580 out-of-school adolescent girls and young women** across **35 villages**, enabling them to complete their **10th-grade education through open schooling systems**.

By bridging educational gaps, the program offers a second chance to those who had previously been excluded from formal learning. Beyond academics, it aims to build confidence, agency, and future opportunities for young women in rural communities.

This joint effort marks a meaningful shift toward **inclusive education**, making learning accessible, flexible, and rooted in community support—helping girls not just return to school, but reimagine their future.



Cultivating More than Crops



In the months of **April and May, 15 KAVIR Sakhis**—strong rural women leaders from Jarti village, Kabirdham—harvested over 500 kg of vegetables from community land, showcasing how grassroots leadership can drive nutrition, sustainability, and solidarity.

The produce, valued at **Rs.11,000**, was primarily consumed by their families, reducing dependency on market purchases and ensuring access to **fresh, chemical-free food**. This not only improved daily nutrition but also resulted in significant household savings.

Beyond the economic and health benefits, the initiative nurtured collective action and mutual support among the women—turning farming into a space of collaboration and confidence-building.

What began as a subsistence effort now holds promise for income generation and skill development. These KAVIR Sakhis are not just cultivating vegetables—they're cultivating self-reliance, sisterhood, and sustainable living from the ground up.

On the Ground, In Touch: Reflections from Kawardha and Pandariya



From April 24th to 26th, I had the opportunity to visit ten villages across Kawardha and Pandariya blocks with my colleague Sanjay Kumar Yadav. These visits were not just routine monitoring—they were a powerful reminder of why we do what we do.

Meeting farmers in their fields gave us firsthand insight into both their progress and their challenges. The land was not just soil—it reflected effort, adaptation, and hope. Interacting with Kavir Volunteers, Sakhis, and Kisans during our FGDs in Jarti and Domsara brought stories to life. They shared what's working, what's changing, and what still needs attention.

One standout moment was seeing the evolution of community land plantations—plots that were barren just months ago now show early signs of regeneration. It's proof that when local knowledge and consistent support come together, impact follows.

Most importantly, these visits grounded our strategy in real voices. Listening to the field team, exchanging ideas, and reflecting on the next steps reminded us that operational strength comes from alignment—with people, land, and purpose.

This visit wasn't just monitoring—it was an affirmation that we're moving in the right direction, together.



Success Stories

From Serving Villages to Healing Lives



"We didn't begin this journey for recognition. We began it because we believed our villages deserved better."

We are Arvind Jharia, Pal Singh Dhurve, and Nitesh Jharia—Kavir Volunteers. community service during campaigns like "Mor Gaon, Mor Pani" soon became something deeper. During this campaign, we learned that change begins with showing up—consistently, quietly, selflessly.

It was during one of these campaigns that the Bhoramdeo De-addiction Centre, run by the Department of Social Welfare, noticed our work. They saw not just our effort, but our intent. When they announced job opportunities, we were given first preference—not out of charity, but because of trust built through service.

Today, we work at the De-addiction Centre—supporting individuals on their journey toward healing and recovery. Every day, we meet people fighting silent battles, and we help them take one more step forward. Our training as volunteers—listening with empathy, acting with purpose—guides us here too.

"Volunteerism shaped us—gave us direction, identity, and confidence." Even those who moved on to higher studies still carry that Kavir spirit. We are proof that when youth serve with heart, service becomes a vocation—and a community begins to heal from within.

Kavir Volunteers

Success Stories

The Strongest Muscle is the Mind



People see the silver medal I won in karate. But what they don't see are the battles I fought in my own mind—fear, self-doubt, and the constant voice telling me **"you're not enough."**

I used to be scared to speak up, scared to fail. But becoming part of Yuvoday Manobal, it gave me more than a role—it gave me purpose. As I went door to door raising awareness on mental health, I realized I needed to take care of my own mental well-being too. So I began training—not just in karate, but in focus, discipline, and emotional balance.

Karate became more than a sport. It became therapy. I followed a routine, practiced mindfulness, and reminded myself every day that mental strength is the foundation of a strong life.

Now, I don't just fight in the ring—I teach other girls to defend themselves and to believe in themselves. I run self-defense sessions for young women, where we don't just train the body—we talk about stress, anxiety, and how to manage emotions.

Winning that medal was a proud moment—but seeing other girls grow confident? That's the real victory.

We're not just building fitness—we're building fearless futures.

Ankita, Yuvoday Manobal

Success Stories

Journey to New life in Banana Farming



For years, I depended on sugarcane farming to support my family. It was what I knew, what my father did, and what seemed stable. But slowly, things changed yields dropped, costs went up, and income became uncertain. There were months I didn't know how we'd manage.

Still, I couldn't give up.

That's when I heard about the **KAVIR Kisan Group**. I was hesitant at first—training sessions, exposure visits, drip irrigation—it all sounded too technical. But I went. I listened. I learned.

One idea stood out to me: **banana cultivation using drip irrigation**. With help from the group and a government subsidy, I installed the system and planted bananas on two acres. It was risky. But something told me this was the right step. Today, my banana crop is thriving. I'm now exploring intercropping to improve income and soil health. I've moved from a struggling farmer to a more confident, informed one.

This journey taught me that progress doesn't always need more land—sometimes, it just needs a new mindset. Thanks to KAVIR Kisan, I didn't just change crops—I changed the way I think about farming. And now, others in my village are asking me: "How did you do it?"

That's when I smile—and share what I've learned.

Vivekanand Verma

Kavir Kisan

Success Stories

From Shadows to Sculptures: How I Rebuilt Myself, One Step at a Time



There was a time when I felt like I was disappearing—from my work, my community, and even myself. My nephew and sister were constantly unwell, and the weight of worry slowly pulled me into darkness. I left my job at the Anganwadi. I stopped talking to people. I felt like I had nothing left to offer.

Then, one day, the CAS team came to my village. They didn't just ask how I was—they truly listened. Through regular counselling sessions, they helped me understand what I was feeling. I learned to breathe again, to care for myself, and to believe that healing was possible.

They connected me to a Self-Help Group, where I met other women who, like me, had known struggle. With their support, I took a small loan and started something of my own: making and selling idols—crafting beauty out of clay, and slowly, out of my own life.

Today, I'm working again. I smile again. I'm not just surviving—I'm living.

***Bhago Vishwakarma ,
Bastar***

Success Stories

Shattered, But Not Silenced: Finding Myself Again



There was a time I thought my story had ended.
Not with peace—but with pain, betrayal, and silence.

I was married early. Then abandoned—with lies, with blame, with no explanation. I lost not just my child, but my sense of self. Every knock at the door filled me with fear. Every day felt like a burden I couldn't carry. I didn't cry loudly. I simply stopped speaking.

When the CAS team came to our village, I didn't believe anyone could understand what I was carrying. But they stayed. And they didn't just speak to me—they spoke to my family. My brother, especially, stood by me when I had forgotten how to stand by myself.

Healing didn't come all at once. But piece by piece, I started choosing life again.

Now, I make my own decisions. I speak freely. I sleep without fear.
I may have been shattered—but I was never beyond repair.

Today, I don't wait to be saved. I've learned to hold my own hand.

Neelawati Kashyap,

Bastar

Success Stories

Service, Savings, and a Scooter: A Story of Determination



I was born with a physical disability — but I never let it decide what I could or couldn't do. I worked hard, even as a mate under MGNREGA, but despite all my efforts, I struggled with managing money and building a stable future.

That's when I became a KAVIR Volunteer — and everything started to shift.

Through Kavir, I found more than a role. I found direction, mentorship, and purpose. I began supporting community efforts: helping children stay in school, participating in plantation drives, and restoring village lands. But what impacted me the most was the personal learning I received — especially around financial planning and self-reliance.

With consistent guidance, I started saving intentionally. And recently, I used those savings to purchase a second-hand scooter. For many, it's just a vehicle — but for me, it represents freedom, confidence, and the power of steady progress.

Being a KAVIR Volunteer didn't just allow me to serve others — it helped me believe in myself. I've realized that when you uplift your community, you rise with it.

Mukesh Dhurve
KAVIR Volunteer

Success Stories

When Dreams Refused to Settle Down



In many villages, girls grow up learning silence before sentences, chores before choices. Education, though admired in words, often loses weight of household expectations.

Bindu and Deepika—two bright, spirited Yuvoday volunteers—found themselves at this very crossroads. Despite their excellent Class 12 scores and unwavering commitment to community work, they were told: **"College is not for you. Who will manage the home?"**

But this time, the answer was different.

We didn't protest—we engaged. Through multiple heartfelt conversations, we sat with their families, listened deeply, and slowly reframed the narrative. It wasn't about defiance—it was about dignity. We asked: What if your daughters' education could be the village's pride, not its burden?

And something shifted.

Today, Bindu and Deepika are enrolled in college. Their admission is more than personal success—it is a message to every girl in the village: your place is not confined to the kitchen or the courtyard; it extends to classrooms and beyond.

What I learned is simple:

"Real change begins when someone refuses to give up on a dream not their own"

Anyrose Tadar

District Coordinator, Bilaspur

Beyond Likes and Shares: What It's Like to Tell Stories from Rural India



Faizan Ahmed Khan
Social Media Manager

In rural India, stories don't begin on a screen—they begin under trees, in quiet conversations, and in shared silences.

Telling these stories is not about finding "content," but about building trust. It's the moment when a woman chooses to speak about her journey, or when a young volunteer proudly shares how he's helping his village change. These aren't scripted moments—they're lived ones.

The challenge isn't just poor signal or unpredictable weather. It's ensuring every story is told with dignity. That every caption uplifts, not exploits. That every photo reflects reality—not just for social media, but for those who live it daily.

Most of these stories won't go viral. But they will matter.

A young girl might see a reel and think, "If she can, maybe I can too." A farmer might feel less alone reading about someone like him.

That's the magic. Beyond likes and shares, real stories create connection, courage, and community.

And so, we keep going—returning to the field with open hearts and listening ears. Because these stories are not just meant to be told. They're meant to be felt.

More Than Fields: What Farmers of Kabirdham Taught Me



Surendra Sonkar
Project Officer, Kabirdham

Being an agriculture graduate from a farming family, I thought I understood agriculture. But when I began fieldwork through the IRRI and CHiRP projects, I realized—the reality was something else.

I arrived in Kabirdham with a notebook full of trial designs and techniques, thinking I was there to guide farmers. But in truth, I was the one learning—every single day.

From demonstration plots to direct sowing, and AWD, farmers were not just adapting innovations, they were shaping them. Their instinct, blended with field data, brought real transformation.

What moved me most wasn't the scale of adoption, but the trust built along the way. These weren't just project villages—they became stories of courage, patience, and shared learning.

As one farmer told me: "Hamar ab kheti pranali ke sath soch bhi badal gaye he." (Along with our farming practices, our thinking has changed.)

That change is what stays with me. In Kabirdham, I didn't just find results—I found relationships. I no longer see this work as implementation, but as a collective journey where science and tradition grow together—one field at a time.

Tears in the Soil: The Emotional Cost of Water Crisis on Farming Families



Mahak Chandwani
Data Management Officer

Walking through the cracked fields of rural India, I've come to realize the real story isn't about rain or crops it's about tears. Silent tears shed by farming families who carry the emotional weight of a growing water crisis. Water, once abundant and life-giving, has become a fading hope. With erratic rainfall, drying rivers, and depleting groundwater, farming is no longer a way of life it's a daily struggle to survive.

When the soil stops giving, families lose more than their harvests they lose hope, security, and dignity. Behind every dry well, I see a mother anxious about feeding her children. Behind every failed borewell, a father burdened with debt. Youth leave their villages, not in pursuit of dreams, but in search of survival.

The emotional cost is staggering. Women and the elderly, left behind as men migrate, walk miles for water and manage homes on empty promises. Children drop out of school to support their families. And yet, these stories rarely find a place in policy conversations, which focus more on irrigation and infrastructure than on mental health and emotional resilience.

But I have also seen hope in women-led committees reviving ponds, in farmers adopting water-saving techniques like Direct Seeded Rice and Alternate Wetting and Drying, and in communities coming together to protect their shared resources. These are not just acts of conservation they are acts of dignity, of healing.

When a farmer says, "there is no water," they are also saying, "there is no peace." To build a climate-resilient future, we must listen, understand, and act not just for the land, but for the people rooted in it. Because when the soil heals, so do those who depend on it.

The Subtle Art of Supporting Others: Knowing When to Coach, When to Mentor



Manisha Motwani
Project Coordinator, CAS

In our daily work, whether with colleagues, community leaders, or young volunteers, we often find ourselves in the position of guiding someone. But the way we offer that guidance can take very different shapes. Sometimes, we ask questions that help people think deeper. Other times, we share our own stories, so they don't feel alone. These are two distinct but equally valuable ways of supporting others: coaching and mentoring.

Coaching is all about helping people tap into their own potential. It's not about giving answers but about asking the kind of questions that unlock reflection and clarity. A good coach helps others think critically, stay accountable to their own goals, and build confidence in their own decision-making. It's about creating space, not filling it.

Mentoring, on the other hand, leans into experience. A mentor draws from their own journey—sharing what worked, what didn't, and what they've learned along the way. It's about offering guidance that comes from lived realities, transferring knowledge, and often helping someone navigate their career path or life choices through stories and wisdom.

At the heart of both is a common thread: trust, empathy, curiosity, and a willingness to truly listen. Whether we are coaching or mentoring, we are holding space for another person's growth.

. What's important is knowing when each approach is needed. A young person trying to figure out their next steps might benefit from a coach who helps them explore their own thinking.

Someone trying to break into a new field might need a mentor who can offer practical advice and encouragement from experience. In truth, we often find ourselves blending both roles sometimes in the same conversation. And that's okay. Being intentional about how we support others can make a lasting difference in their journey—and in ours too. Let's continue to lead with care, ask more than we tell, and share what we've learned generously. That's how real growth happens—on both sides.

Coaching vs. Mentorship

Understanding the differences and why



What We Measure, She Becomes



Gagan Chandrakar
Data Management Officer

There's a strange relationship between a girl and the spreadsheet that contains her name. One cell might say "dropout." Another, "never enrolled." Somewhere, there's a number indicating her age, her grade level, and how many siblings she has. But none of these columns capture the pause in her voice when asked about school. None reflect the courage it takes to return after being told she shouldn't.

In the world of education, we measure everything—attendance, learning outcomes, school completion. And rightly so. But sometimes, what we choose to measure shapes is how we choose to see her.

If we only track her absence, we miss her journey. If we only ask why she left, we forget to ask what would make her stay. There's wisdom in numbers, but truth lives in patterns. Why do certain names disappear after a certain age? Why do learning levels dip the closer girls get to adolescence? These are not just trends—they're conversations we haven't had yet.

A girl's education is not metric. It is a mirror. It reflects how deeply a society is willing to believe in her potential—not just once, but repeatedly, especially when she hesitates. The more gently we observe, the more clearly, we begin to understand: **She is not lagging. We are still learning how to walk with her.**



स्कूल शिक्षा

2200 लोगों की टीमें जुटीं बच्चों की पहचान में, 20 मई तक पूरा होगा सर्वे

'स्कूल वेंडे वर्कट पंडूम' अभियान, 586 गांवों में घर-घर सर्वे शुरू



पत्रिका न्यूज नेटवर्क
patrika.com

बीजापुर जिले के ड्रॉपआउट मुक्त बनाने की दिशा में जिला प्रशासन ने एक ठोस कदम उठाया है। 'स्कूल वेंडे वर्कट पंडूम' नामक क्विंटेन अभियान के तहत जिले के हर गांव और हर घर में घर-घर की शैक्षणिक स्थिति का पता लगाने के लिए डोर-टू-डोर सर्वे शुरू कर दिया गया है।

इस अभियान का उद्देश्य माता स्वयं (ड्रॉपआउट) और अपांगों (अपी ठक मूल में शामिल) बच्चों की पहचान कर उन्हें दोबारा शिक्षा की मुद्रागत से जोड़ना है। जिले के लगभग 586 गांवों में इस कार्य के लिए 600 गांवों को गठन किया गया है, जिसमें 2200 से अधिक



20 मई तक चलाया जाएगा अभियान

8 मई से शुरू हुआ इस अभियान 20 मई तक चलेगा। इस दौरान प्रत्येक गांव में घर-घर का पता पूछेगा और निर्धारित प्रश्न में परिवार और बच्चों से जानकारी

संदर्भ मिलेगा। इनमें शिक्षक, नितादा, अग्रजकर्मियों और समाजसेवा समूह की मदद

लेखकरी नरेश। रहस्य (गोपी और आगेगी बच्चों के कारणों को भी विस्तारपूर्वक दर्ज किया जा रहा है, ताकि समस्या की जड़ तक पहुंचकर समाधान किया जा सके।

तकनीक है। सभी को गांवों के पहले चरण में प्रतिभा देकर आवश्यक जानकारी प्रदान की गई है।

यह है प्रक्रिया

सर्वे के पश्चात संकलित प्रश्न संग्रहित रहेंगे और संशुद्ध सम्प्रदायों के माध्यम से गांवों शिक्षासंबंधी के बीभारती कार्यकर्ताओं में जमा होंगे, जहां ऑपरेटर डाटा एंटी का कार्य

करेंगे। डाटा एनलिसिस के बाद एक समर्पित रिपोर्ट तैयार की जाएगी और इसी के आधार पर प्रशासन प्रत्येक कार्यक्रमा बन्दर गांवों को स्कूल में कराता करने के प्रयास करेंगे।

ड्रॉपआउट के 23 से अधिक कारण चिन्हांकित किए गए हैं

अभियान के दौरान गांवों के स्कूल छोड़ने के 23 से अधिक प्रमुख कारणों को प्रश्न में शामिल किया गया है। इनमें छोटे कार्य, खेती, पढ़ना, शिक्षा से भय, आर्थिक स्थिति, शिक्षण, मजदूरी, अनाथ होना, स्वास्थ्य, भ्रष्ट-वर्तन

की देखभाल, स्कूल की दूरी, और बस रिहाइ जैसे कारण शामिल हैं। इस अभियान में शिक्षा विभाग, पंचायत समिति, महिला एवं बाल शिक्षा विभाग, कोट दूरी और शिक्षण टाइट जैसे संकटों का स्थिति सहयोग किया जा रहा है।

ट्रैक सीजी

प्रादेशिकी

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रा. शा. 12 मई 2023

2

ड्रॉप आउट मुक्त करने बच्चों की खोज में जुटा जिला प्रशासन 586 गांव में डोर टू डोर सर्वे करने तैनात सर्वे दल



स्कूल की बंदी बंद कर 20 गांवों में डोर टू डोर सर्वे

बीजापुर जिले के ड्रॉपआउट मुक्त बनाने की दिशा में जिला प्रशासन ने एक ठोस कदम उठाया है। 'स्कूल वेंडे वर्कट पंडूम' नामक क्विंटेन अभियान के तहत जिले के हर गांव और हर घर में घर-घर की शैक्षणिक स्थिति का पता लगाने के लिए डोर-टू-डोर सर्वे शुरू कर दिया गया है।



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